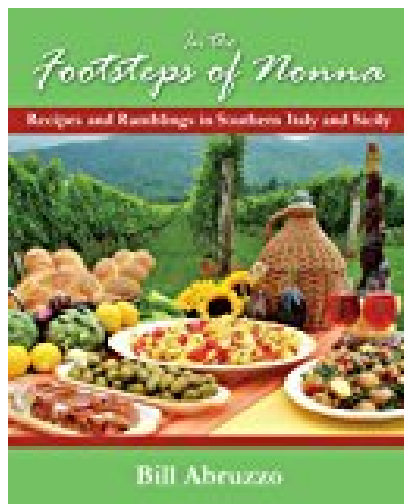


In the Footsteps of Nonna Recipes and Ramblings in Southern Italy and Sicily



BOOK DETAILS

- Author : Bill Abruzzo
- Pages : 288 Pages
- Publisher : Pelican Publishing Company, Inc.
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BOOK SYNOPSIS

Bring home the taste of Italy! Everyone wants to be Italian: Italian food is more than delicious--its heritage. Guided by author Bill Abruzzo, travel through the regions of Calabria, Lazio, Campania, and Sicily. Explore the many ways culinary traditions are connected to each regions history and culture with easy-to-use recipes and personal anecdotes. Antipasti (Appetizers), Pane (Breads), Zuppe (Soups), Pasta, Così Dolci (Desserts), and Liquori (Liqueurs) form more than a mere meal: these dishes are your travel ticket. A special section on growing Italian ingredients and stocking your Italian pantry means great tastes and great stories are never further away than your own kitchen.

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