

First We Brunch Recipes and Stories from Victoria's Best-Loved Breakfast Joints



BOOK DETAILS

- Author : Rebecca Wellman
- Pages : 256 Pages
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BOOK SYNOPSIS

A carefully curated collection of recipes from Victoria, BC, the brunch capital of Canada. Its the weekend in picturesque Victoria, and whether youre planning on enjoying a scenic seaside hike or indulging in some window shopping, we all have priorities: First, we brunch. This exquisitely photographed cookbook showcases more than 60 recipes from the citys most beloved mid-morning eateries. Food writer and photographer Rebecca Wellman introduces us to the people and stories behind the capital citys diners, bistros, cafes, coffee shops, bakeries, and more. Get the inside scoop on iconic diners such as Floyds and newer hot spots like Jam, Agrius, Be Love, and Nourish. For the visitor, this cookbook is a simple, trustworthy guidebook to Victorias best eats, and a fabulous gift to take home to friends and family. Whether youre after a quick, budget brunch, a hearty vegan breakfast, or a much-needed hangover cure, Wellman helps you choose the ideal mid-morning eatery. And if youre a Victorian local, youll love the resources for finding the freshest ingredients so you can whip up a terrific brunch at home. This stylish, image-rich collection of recipes and stories is the ultimate guide to Canadas brunch capital, and offers yet another delicious way to celebrate the citys thriving food culture.

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